




Morristown High School March 22-26

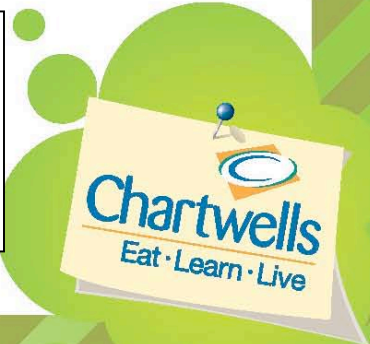
Station	Mon.	Tues.	Wed.	Thurs.	Fri.
	Cheese Steak Bar With choice of Toppings And served with Tator Tots & Seasoned Grilled Vegetables	Asian Rice Bowl Sweet-N-Sour Chicken over Vegetable Fried Rice and Oriental Vegetables	Casa Amigos Smothered Chicken or Beef Burrito Mexicali Rice and Refried Beans Served with Seasoned Corn	Baked Potato Bar <u>Beef & Chicken</u> w/ asst'd toppings seasoned mixed vegetables Dinner Roll	Southern Bowl Popcorn Chicken w/ Mac and Cheese Seasoned Corn & Homemade Gravy and Cheddar Cheese
	Cheese steak Stromboli	Buffalo Chicken Pizza	Ham & Mozzarella Stromboli	Meat Lover's Pizza	Pizza Bagel(2)
 Available Daily Hamburger on a Bun 🍷 Cheeseburger on a Bun 🍷 Grilled Chicken on a Bun 🍷	<i>Chicken Parmesan Sandwich</i>	Sausage and pepper Stromboli	Roast beef with melted mozzarella On Sub Roll	Meat ball Parmesan Sandwich	Eggplant Parmesan Sandwich
 Available Daily Assorted Meats & Cheeses Vegetable Toppings 🍷 Breads & Wraps Including Whole Grain Options 🍷	Turkey BLT Wrap	Popcorn Chicken Salad	Tuna Salad Wrap	Roast beef on a Hard Roll With Lettuce	Health Club Sub w/roast beef, ham & Turkey
 Available Daily Fresh Seasonal Fruit 🍷 Petite Bananas, Apples, Pears, Oranges	Tossed Salad Cole Slaw	Tossed Salad Veggie Sticks	Tossed Salad Veggie Sticks	Tossed Salad Veggie Sticks	Tossed Salad Veggie Sticks
	Available Daily Fresh Packaged Salads 🍷 with Crackers Deli Chef Salad Garden Salad with Cheese Grilled Chicken Caesar		Available Daily Grab & Go Packaged Sandwiches Italian Hero 🍷 Ham & Cheese on a Roll 🍷 Turkey & Cheese on a Roll 🍷		

White skim, 1% white, and 1% flavored milk is offered with all meals
Meal Price \$3.25

 Our Award-Winning Chartwells Balanced Choices® Program is a guidance system for students highlighting specific meals, snacks and beverages that meet precise nutrient parameters. These super nutrition meals, snacks and beverages are offered in every school café.

 Our fruit and vegetable program includes a choice of 3 varieties each day with at least one fresh choice available. Locally grown fruits and vegetables from New Jersey farms are offered whenever available.


 Part of making healthy diet choices means making half of your grains whole grains. School lunch is a great opportunity to meet your daily whole grain requirement! Look for this symbol in the cafeteria to help you identify whole grain foods.





Morristown High School March 8-12

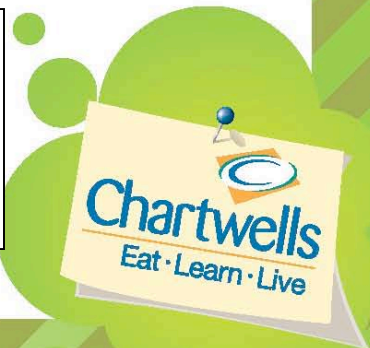
Station	Mon.	Tues.	Wed.	Thurs.	Fri.
	Nachos with Jalapeño Cheese sauce Corn Steamed White Rice Salsa	Pasta with Meat sauce Seasoned green beans Garlic Bread	Cheeseburger Sliders Oven Fries Assorted Toppings	BBQ Rib Sandwich Baked Vegetarian beans Cole slaw	Lemon Pepper Chicken Mashed Potatoes With Gravy Peas
	Cheese steak Stromboli	Buffalo Chicken Pizza	Ham & cheese Stromboli	Meat Lover's Pizza	Taco Pizza
 <p>Available Daily Hamburger on a Bun 🍷 Cheeseburger on a Bun 🍷 Grilled Chicken on a Bun 🍷</p>	Chicken Parm Sandwich	Sausage and pepper Stromboli	Roast beef with melted mozzarella On Sub Roll	Meat ball Parm Sandwich	Eggplant Parm Sandwich
 <p>Available Daily Assorted Meats & Cheeses Vegetable Toppings 🍷 Breads & Wraps Including Whole Grain Options 🍷</p>	Turkey blt Wrap	Popcorn Chicken Salad	Tuna Salad Wrap	Roast beef on a Hard Roll With Lettuce	Health Club Sub w/roast beef, ham & Turkey
 <p>Available Daily Fresh Seasonal Fruit 🍷 Petite Bananas, Apples, Pears, Oranges</p>	Tossed Salad Cole Slaw	Tossed Salad Veggie Sticks	Tossed Salad Veggie Sticks	Tossed Salad Veggie Sticks	Tossed Salad Veggie Sticks
	Available Daily Fresh Packaged Salads 🍷 with Crackers Deli Chef Salad Garden Salad with Cheese Grilled Chicken Caesar		Available Daily Grab & Go Packaged Sandwiches Italian Hero 🍷 Ham & Cheese on a Roll 🍷 Turkey & Cheese on a Roll 🍷		

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Morristown High School March 15-19

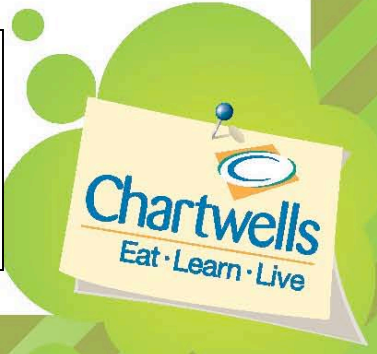
Station	Mon.	Tues.	Wed.	Thurs.	Fri.
	Steak Sandwich on a long roll with Jalapeno Cheese sauce Corn Oven Fries	Pasta with Meatballs Or Meatball Hero Sauteed Green beans Garlic Bread	Cheeseburger Sliders Oven Fries Assorted Toppings	BBQ Rib Sandwich Baked Vegetarian beans Cole slaw	Lemon Pepper Chicken Mashed Potatoes With Gravy Peas
	Cheese steak Stromboli	Buffalo Chicken Pizza	Meatball Calzone Side of Sauce	Meat Lover's Pizza	Taco Pizza
 Available Daily Hamburger on a Bun 🍷 Cheeseburger on a Bun 🍷 Grilled Chicken on a Bun 🍷	BBQ Pork & Cheddar Hot Pocket	Roast beef with melted mozzarella On Sub Roll	Chicken & Pesto Flatbread	Sausage Parm Sandwich	Eggplant Parm Sandwich
 Available Daily Assorted Meats & Cheeses Vegetable Toppings 🍷 Breads & Wraps Including Whole Grain Options 🍷	Turkey Hard Roll with Lettuce	Chicken Tender Salad	Health Club Sub w/roast beef, ham & Turkey Tuna Salad Wrap	Roast beef on a Hard Roll With Lettuce	Tuna Salad Wrap
 Available Daily Fresh Seasonal Fruit 🍷 Petite Bananas, Apples, Pears, Oranges	Tossed Salad Cole Slaw	Tossed Salad Veggie Sticks	Tossed Salad Veggie Sticks	Tossed Salad Veggie Sticks	Tossed Salad Veggie Sticks
	Available Daily Fresh Packaged Salads 🍷 with Crackers Deli Chef Salad Garden Salad with Cheese Grilled Chicken Caesar		Available Daily Grab & Go Packaged Sandwiches Italian Hero 🍷 Ham & Cheese on a Roll 🍷 Turkey & Cheese on a Roll 🍷		

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